



## **Monitoring and Evaluation Questionnaire**

Thank you for attending this Moving More Living More Regional Physical Activity Network event.

The following questionnaire has been developed by researchers from the ukactive Research Institute, British Heart Foundation National Centre for Physical Activity and Health, and the National Centre for Sport and Exercise Medicine in Sheffield, with the aim of understanding current needs and requirements relating to the evaluation of physical activity programmes and initiatives.

Insight gathered in these questionnaires will help researchers to develop systems and resources that we hope will support data collection and evaluation in the future.

Please send all completed questionnaires to [research@ukactive.org.uk](mailto:research@ukactive.org.uk).

Please sign below to indicate that you consent for researchers to use (anonymously) the information you provide in future academic publications or discussion pieces. In addition overleaf you can register your interest in attending regional focus groups to discuss this issue in more detail.

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I hereby confirm that I am willing for information contained in this questionnaire to be shared with researchers from the ukactive Research Institute, British Heart Foundation National Centre for Physical Activity and Health, and the National Centre for Sport and Exercise Medicine in Sheffield.

I acknowledge that I can withdraw this consent at any time and without explanation or consequence.

PRINT NAME: \_\_\_\_\_

SIGN NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

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Q1. Is there currently a physical activity target in your Local Authority and if so how is it measured?

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Q2. Is physical activity / inactivity measured in individual programmes / initiatives? If so how?

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Q3. Is other data collected as part of physical activity promoting initiatives? If so which initiatives and what data?

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Q4. Who is this data collected for e.g. public health teams, participants, funding organisations etc.?

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Q5. What are the main barriers/challenges to conducting evaluation of local physical activity projects?

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Q6. How might these be overcome?

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Q7. What in your opinion would help to facilitate the conduct of good quality evaluation (using more robust evaluation methods)?

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Q8. What services/support mechanisms do you think are needed to help improve the quality of evaluation?

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Thank you for taking the time to complete this questionnaire. If you would like to be contacted about future regional focus groups to discuss this are in more detail please complete the contact information below:

Name:

Region:

Organisation:

Position:

Email Address / contact information: